

Chronic Occlusion: **When** and **Why** to perform angioplasty?

Dr Hakim Benamer

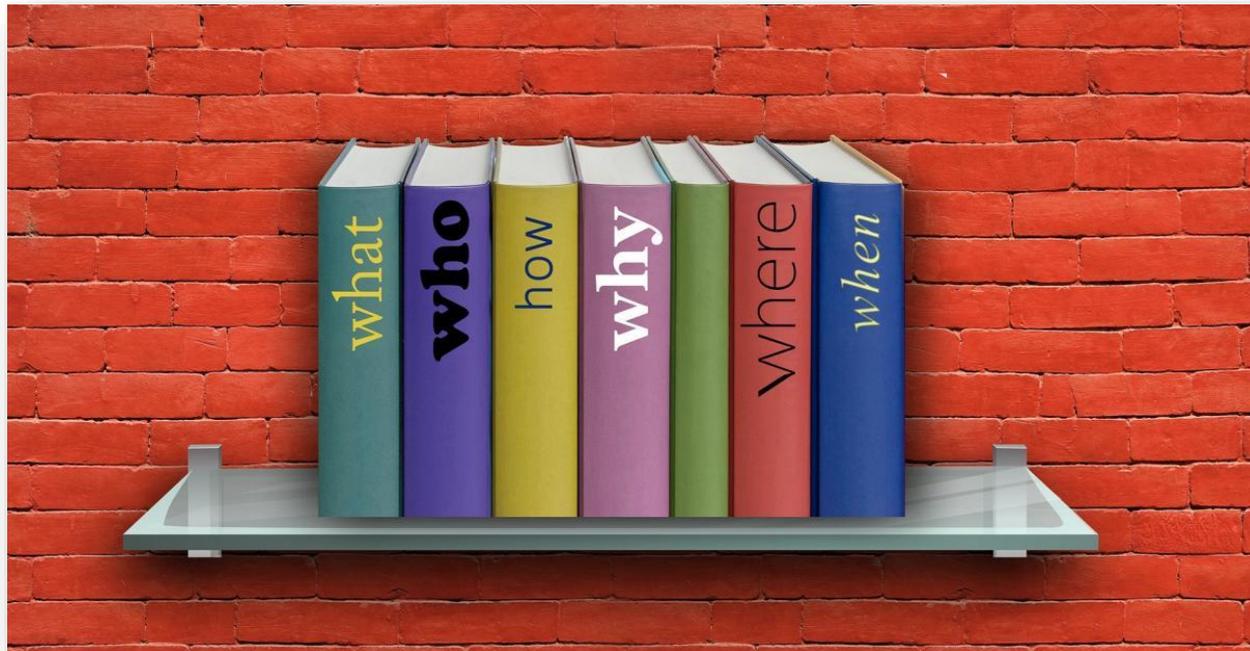
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WHY ?

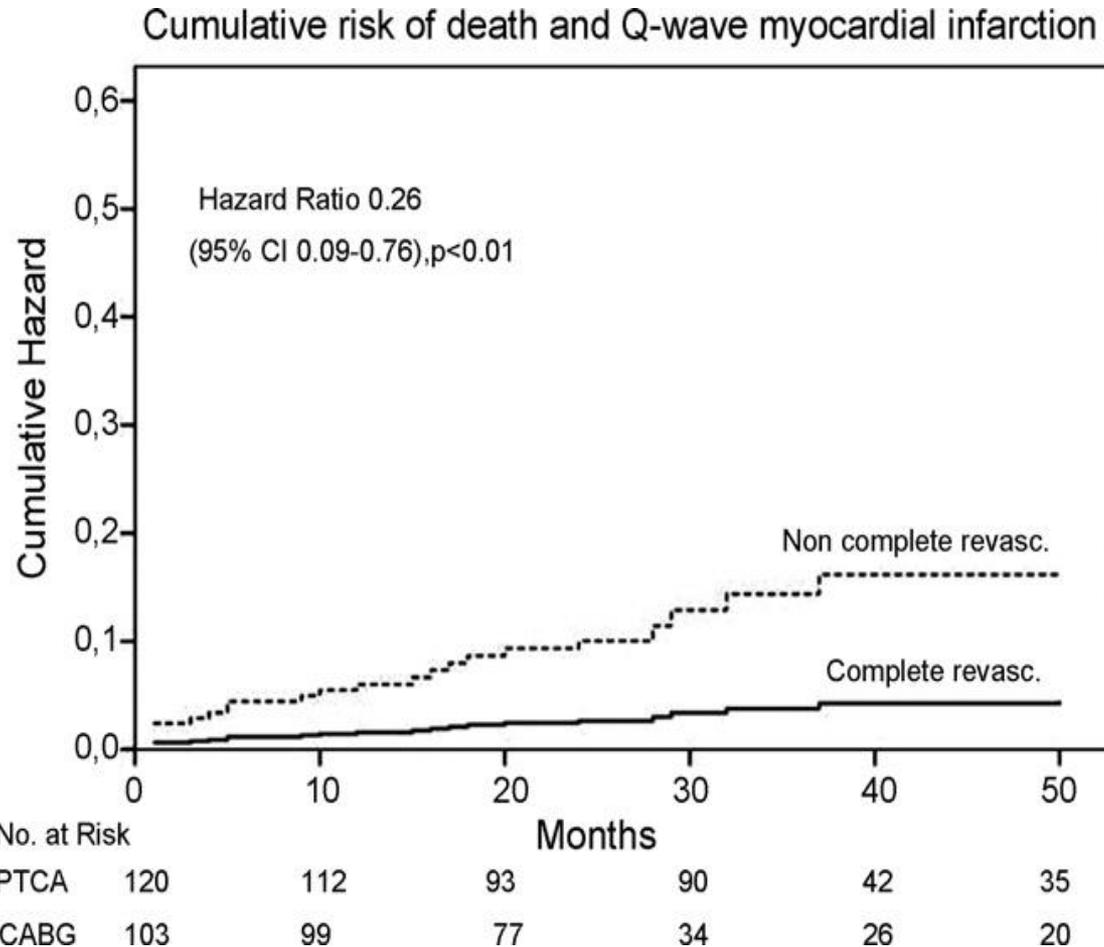


Why We Should Try to Reopen CTO's

- ✓ To follow the surgical dogma of complete revascularization?

Revascularization strategy in patients with MVD and a major vessel chronically occluded; from the CABRI trial

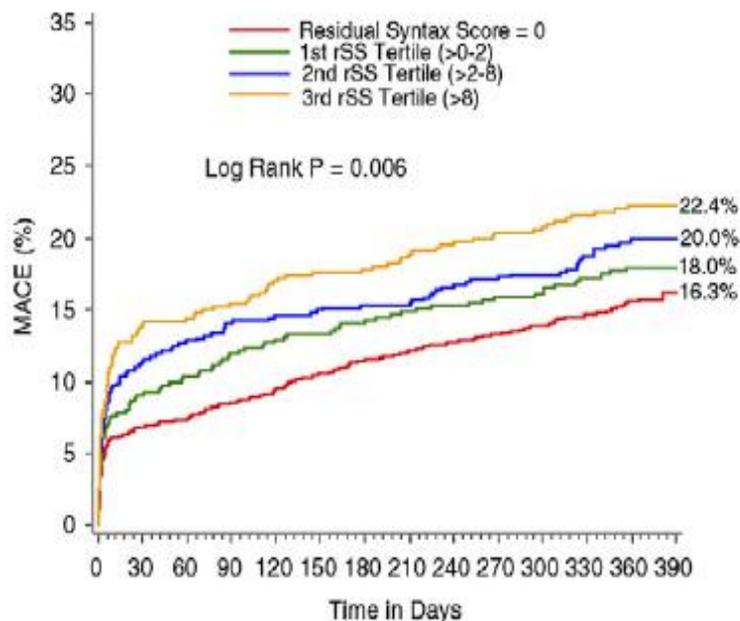
Complete revascularization impacts on prognosis



“Residual Syntax Score”, a new predictor of outcomes

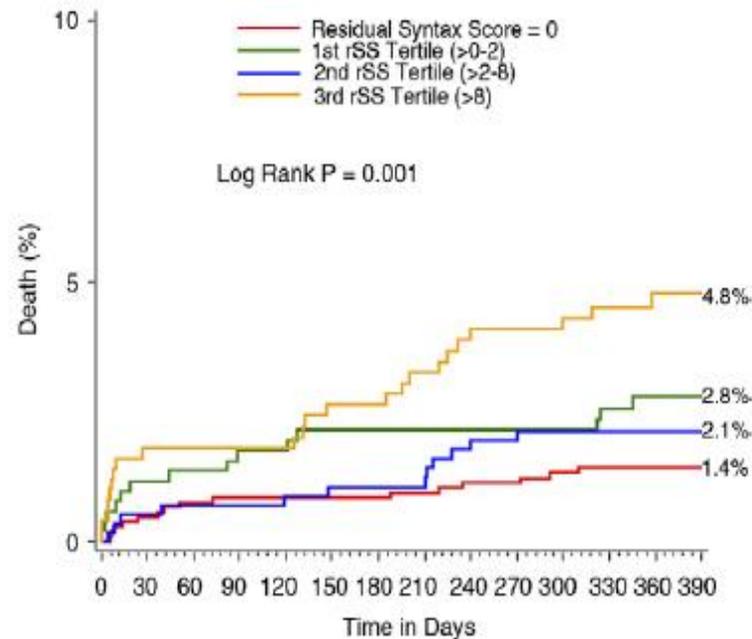
Relation between residual Syntax score and MACEs

A



Number at Risk:	0	30	60	90	120	150	180	210	240	270	300	330	360	390
rSS = 0	1084	966	931	909	849	809	769	729	689	649	609	569	529	489
1st rSS Tertile (>0-2)	523	445	433	422	404	384	364	344	324	304	284	264	244	224
2nd rSS Tertile (>2-8)	578	482	474	463	443	423	403	383	363	343	323	303	283	263
3rd rSS Tertile (>8)	501	408	396	382	362	342	322	302	282	262	242	222	202	182

B



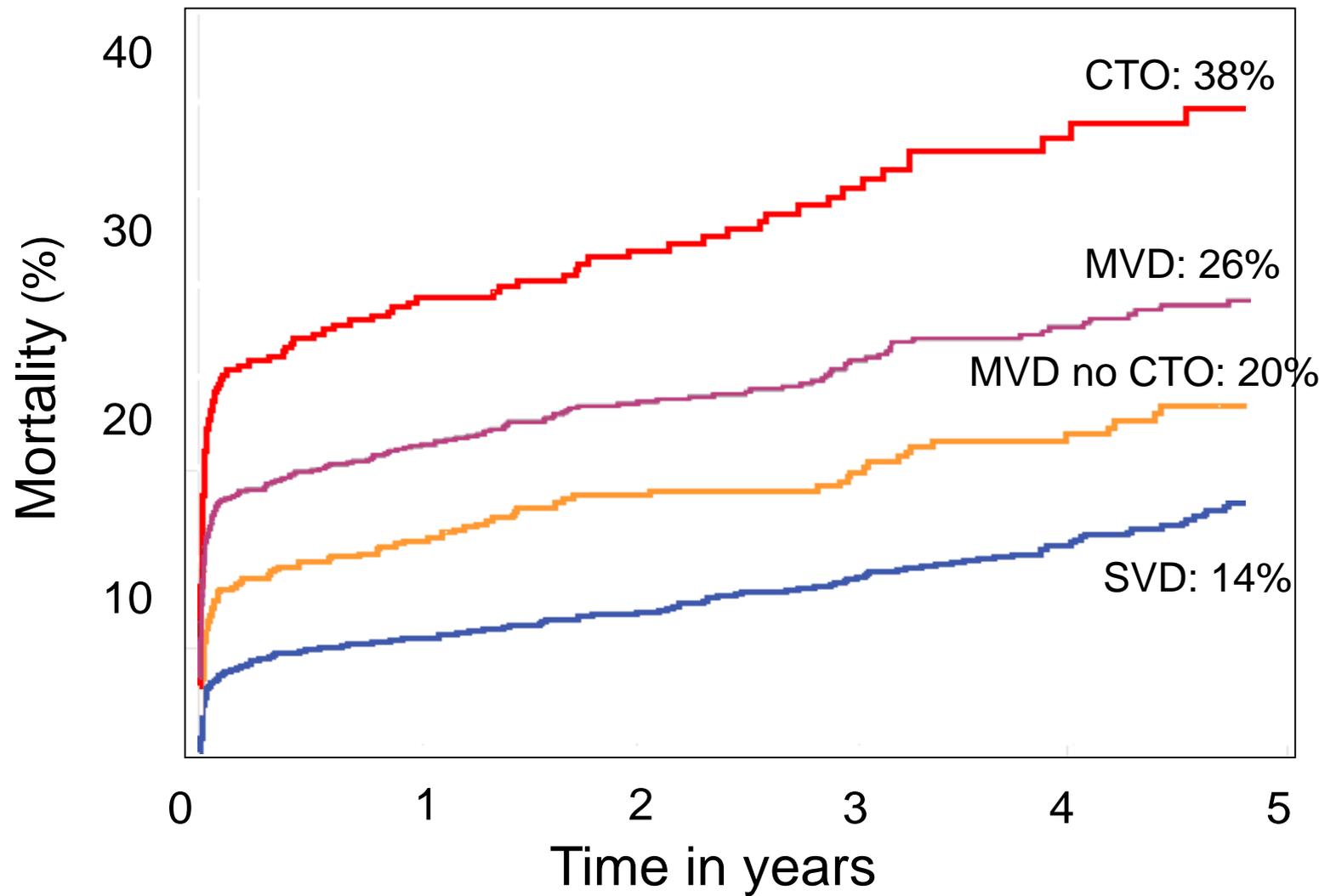
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1st rSS Tertile (>0-2)	523	494	490	488	488	488	488	488	488	488	488	488	488	355
2nd rSS Tertile (>2-8)	578	558	555	549	549	549	549	549	549	549	549	549	549	408
3rd rSS Tertile (>8)	501	473	469	460	460	460	460	460	460	460	460	460	460	330

Why We Should Try to Reopen CTO's

- ✓ To follow the surgical dogma of complete revascularization?
- ✓ To improve survival and prevent hard events ?

Impact of a CTO in STEMI (n=3277)

In STEMI pts CTO and MVD impacts on Prognosis

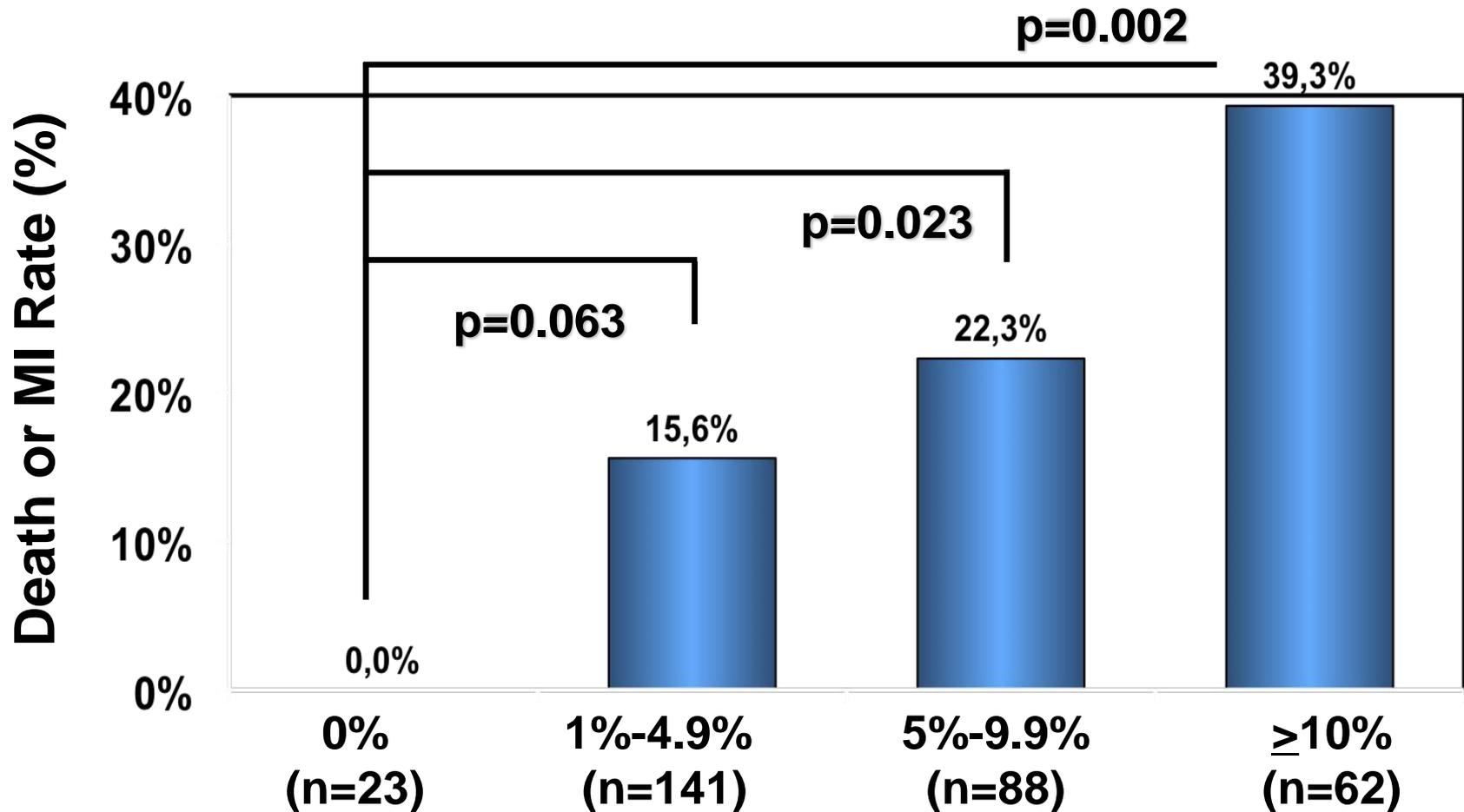


Why We Should Try to Reopen CTO's

- ✓ To follow the surgical dogma of complete revascularization?
- ✓ To improve survival and prevent hard events ?
- ✓ To treat symptoms and/or ischemia ?
- ✓ To improve left ventricular function ?

COURAGE: Treating Ischemia Reduces Death and MI: Outcomes and Residual Ischemia with “OMT”

Death and MI are correlated to ischemia extension





EuroIntervention

Title: Percutaneous Recanalization of Chronic Total Occlusions: 2019 Consensus Document from the EuroCTO Club.

Percutaneous Recanalization of Chronic Total Occlusions: 2019 Consensus Document from the EuroCTO Club.

Alfredo R Galassi MD¹, Gerald S Werner MD, PhD², Marouane Boukhris MD³, Lorenzo Azzalini MD, PhD, MSc⁴, Kambis Mashayekhi MD⁵, Mauro Carlino MD⁴, Alexandre Avran MD⁶, Nikolaos V Konstantinidis MD, MSc⁷, Luca Grancini MD⁸, Leszek Bryniarski MD, PhD⁹, Roberto Garbo MD¹⁰, Nenad Bozinovic MD¹¹, Antony H Gershlick MD¹², Sudhir Rathore MD¹³, Carlo Di Mario MD, PhD¹⁴, Yves Louvard MD¹⁵, Nicolaus Reifart MD, PhD¹⁶, Georgios Sianos MD, PhD⁷; **on behalf of the EuroCTO Club.**

Title: Percutaneous Recanalization of Chronic Total Occlusions: 2019 Consensus Document from the EuroCTO Club.

	EXPLORE	EUROCTO	IMPACTOR-CTO																																													
Success Rate	<p>73</p>	<p>86.6</p>	<p>83</p>																																													
Positive/Negative RCT																																																
Major Findings	<table border="1"> <thead> <tr> <th></th> <th>PCI</th> <th>OMT</th> </tr> </thead> <tbody> <tr> <td>MACE</td> <td colspan="2">No difference</td> </tr> <tr> <td>QoL</td> <td colspan="2">N/A</td> </tr> <tr> <td>Ischemia reduction</td> <td colspan="2">N/A</td> </tr> <tr> <td>LVEF and LVEDV</td> <td colspan="2">No difference</td> </tr> </tbody> </table> <p>PCI of a CTO located in the LAD may improve LVEF and clinical outcome</p>		PCI	OMT	MACE	No difference		QoL	N/A		Ischemia reduction	N/A		LVEF and LVEDV	No difference		<table border="1"> <thead> <tr> <th></th> <th>PCI</th> <th>OMT</th> </tr> </thead> <tbody> <tr> <td>MACE</td> <td colspan="2">No difference</td> </tr> <tr> <td>QoL</td> <td colspan="2">Better</td> </tr> <tr> <td>Ischemia reduction</td> <td colspan="2">N/A</td> </tr> <tr> <td>LVEF and LVEDV</td> <td colspan="2">N/A</td> </tr> </tbody> </table>		PCI	OMT	MACE	No difference		QoL	Better		Ischemia reduction	N/A		LVEF and LVEDV	N/A		<table border="1"> <thead> <tr> <th></th> <th>PCI</th> <th>OMT</th> </tr> </thead> <tbody> <tr> <td>MACE</td> <td colspan="2">No difference</td> </tr> <tr> <td>QoL</td> <td colspan="2">Better</td> </tr> <tr> <td>Ischemia reduction</td> <td colspan="2">Better</td> </tr> <tr> <td>LVEF and LVEDV</td> <td colspan="2">N/A</td> </tr> </tbody> </table>		PCI	OMT	MACE	No difference		QoL	Better		Ischemia reduction	Better		LVEF and LVEDV	N/A	
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Crystal Clear Indication

Summary for a good indication
to improve symptoms, QoL and LEVF

- ✓ Diastolic wall thickness > 7 mm
- ✓ Transmural extent of infarction $< 50\%$
- ✓ Ischemic myocardium $> 10\%$

Why We Should Try to Reopen CTO's

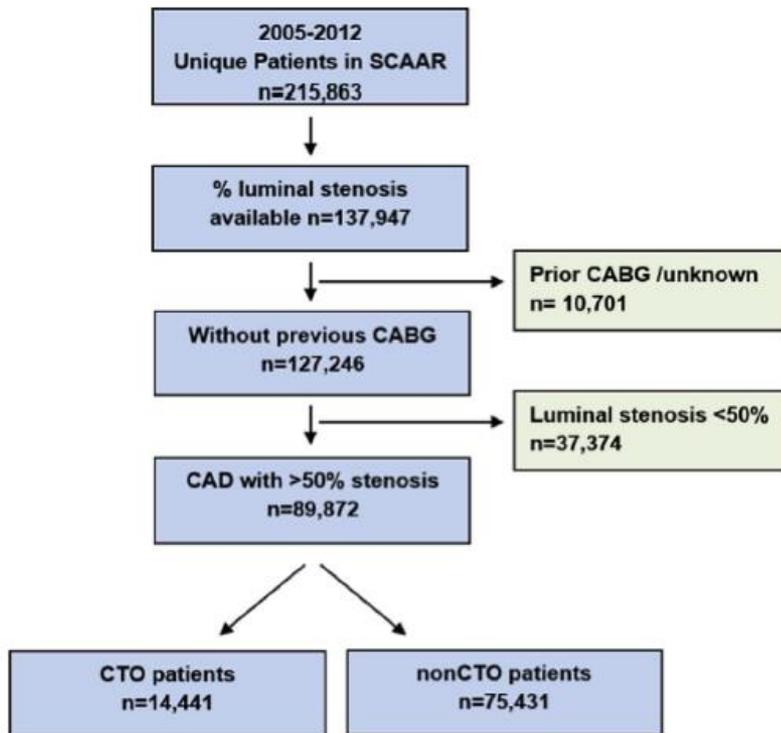
- ✓ To follow the surgical dogma of complete revascularization?
- ✓ To improve survival and prevent hard events ?
- ✓ To treat symptoms and/or ischemia ?
- ✓ To improve left ventricular function ?
- ✓ To improve prognosis ?

Prognostic Impact of Chronic Total Occlusions

In a large unselected population

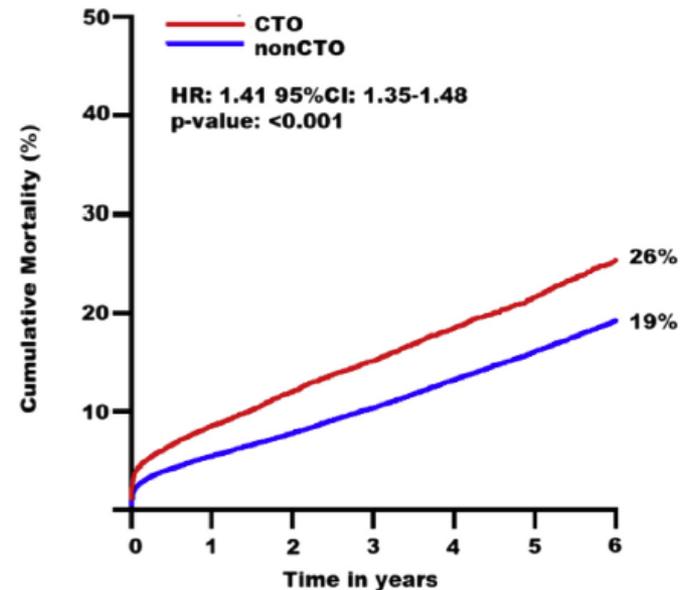
A Report From SCAAR (Swedish Coronary Angiography and Angioplasty Registry)

FIGURE 1 Flowchart for Patient Inclusion



CABG = coronary artery bypass grafting; CAD = coronary artery disease; CTO = chronic total occlusion; SCAAR = Swedish Coronary Angiography and Angioplasty Registry.

FIGURE 2 Crude Kaplan-Meier Curves for Long-Term Mortality in Patients With and Those Without Chronic Total Occlusion in the Swedish Coronary Angiography and Angioplasty Registry



Number at Risk	0	1	2	3	4	5	6
CTO	14,269	11,009	9,015	7,163	5,447	3,797	1,773
non CTO	74,373	58,408	47,639	37,365	28,218	19,270	9,204

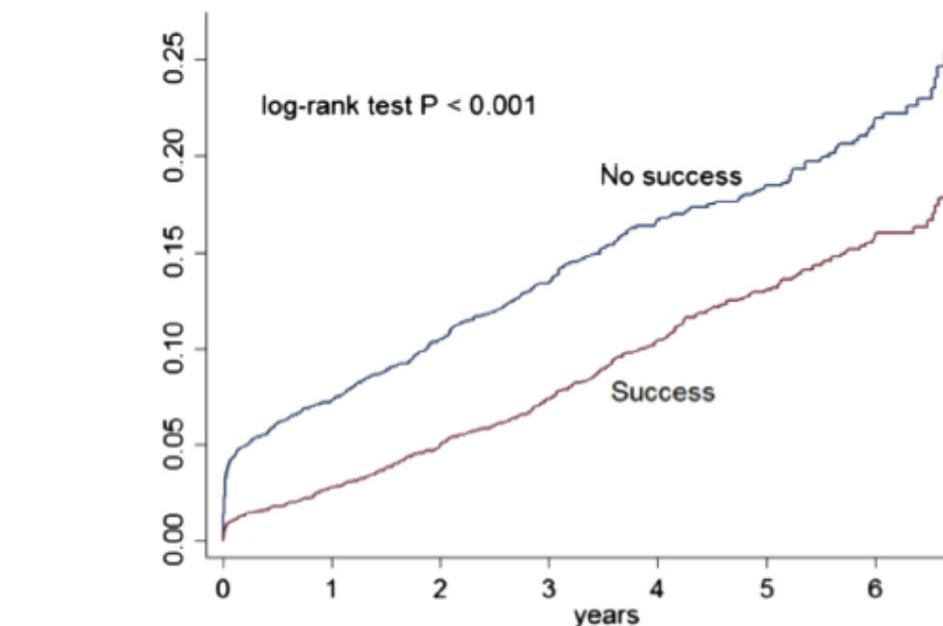
CI = confidence interval; CTO = chronic total occlusion; HR = hazard ratio.

Prognostic Impact of Chronic Total Occlusions

A Report From SCAAR (Swedish Coronary Angiography and Angioplasty Registry)

In a large unselected population
Impact of CTO opening

FIGURE 5 Crude Kaplan-Meier Curves for Long-Term Mortality in Patients With Chronic Total Occlusion After Successful Versus Failed Percutaneous Coronary Intervention

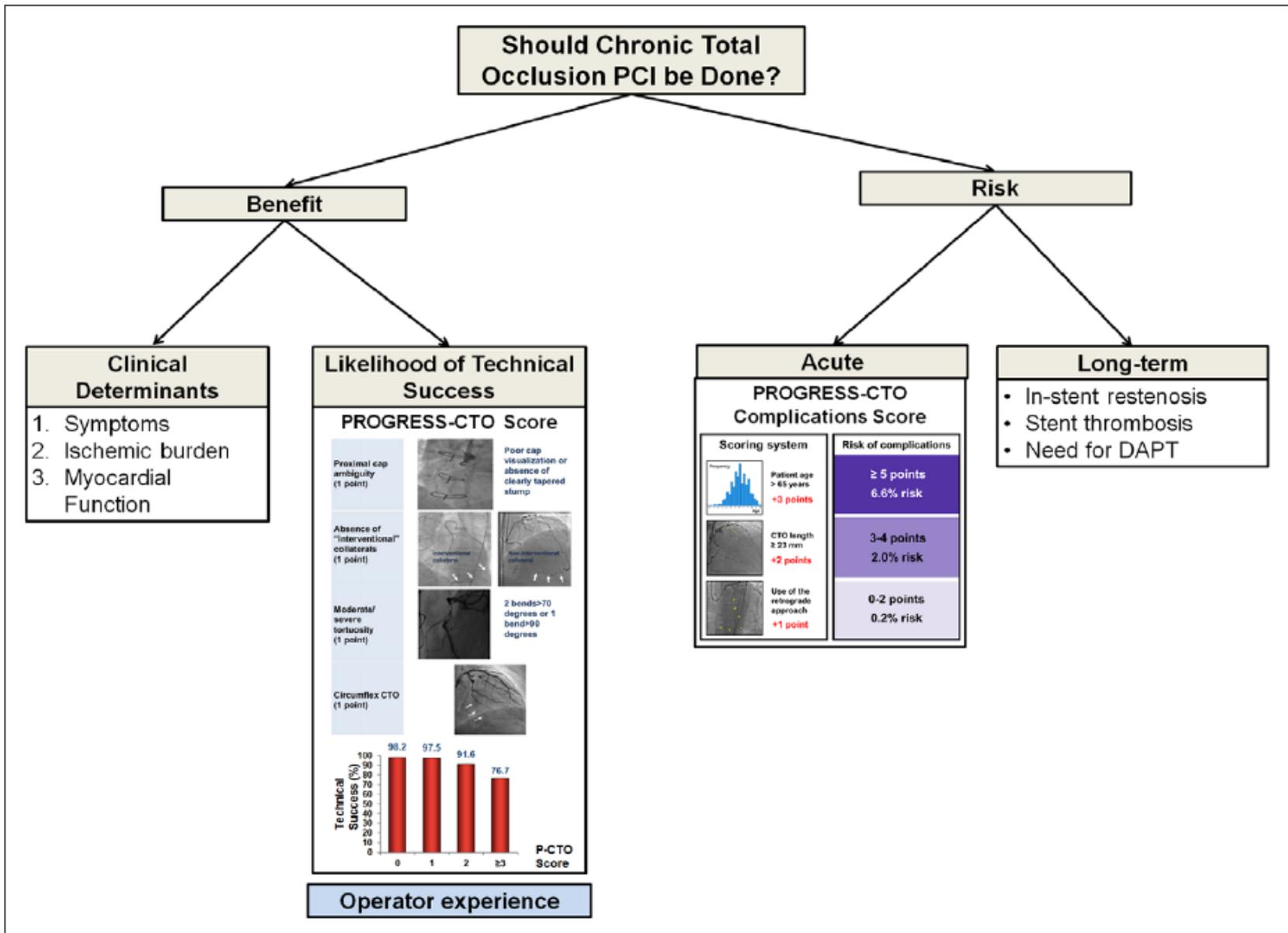


Number at risk	
No success	2937 2363 1904 1517 1088 739 323
Success	3505 2889 2351 1892 1420 991 480

T. Ramunddal *et al.* J Am Coll Cardiol Intv 2016;9:1535–44

WHEN ?





WHEN YOU ARE READY?

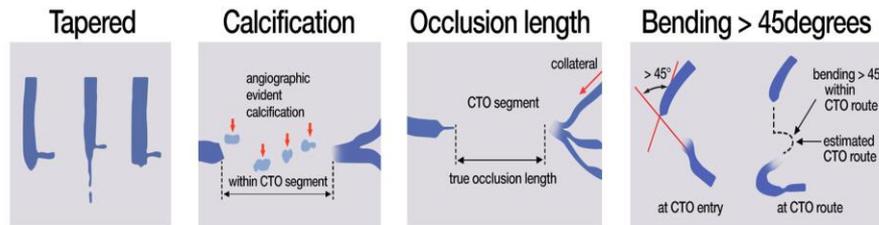
- **Selection**
- **Material**
- **Technique**
- **Experience**

WHEN YOU ARE READY?

- Selection
- Material
- Technique
- Experience

PATIENT SELECTION

Complexity evaluation



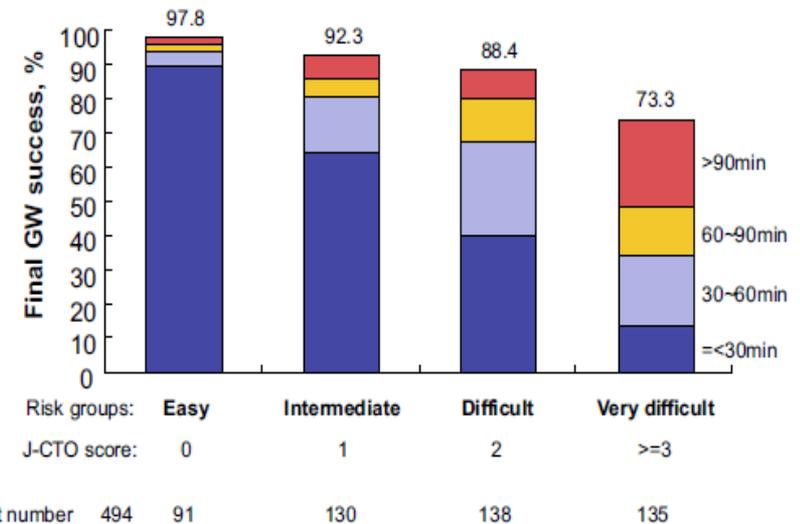
Recent Attempts

Category of difficulty (total point)

- easy (0)
- intermediate (1)
- difficult (2)
- very difficult (≥3)

Total
points

Guidewire Crossing < 30 min.



Material for CTO PCI

WHEN YOU ARE READY?

- Selection
- **Material**
- Technique
- Experience

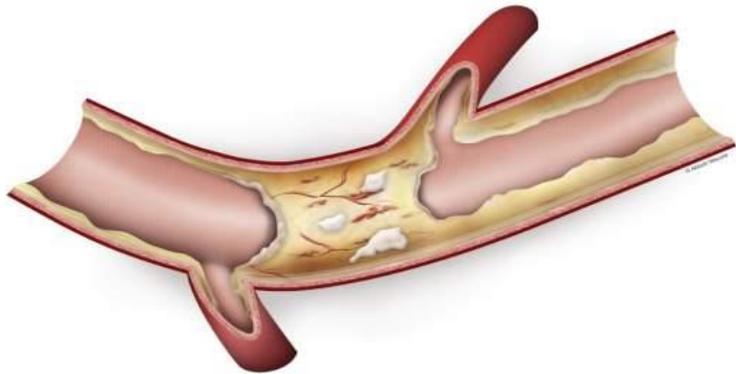
1. Guiding catheters
2. Guide wires (Dedicated)
3. Microcatheters (Dedicated)
4. Balloon catheters (Dedicated)
5. Stents (DES)
6. Others (Rota...)
7. For complications (kit pericardio...stent graft...)

CTO EYE

To define the strategy

WHEN YOU ARE READY?

- Selection
- Material
- **Technique**
- Experience

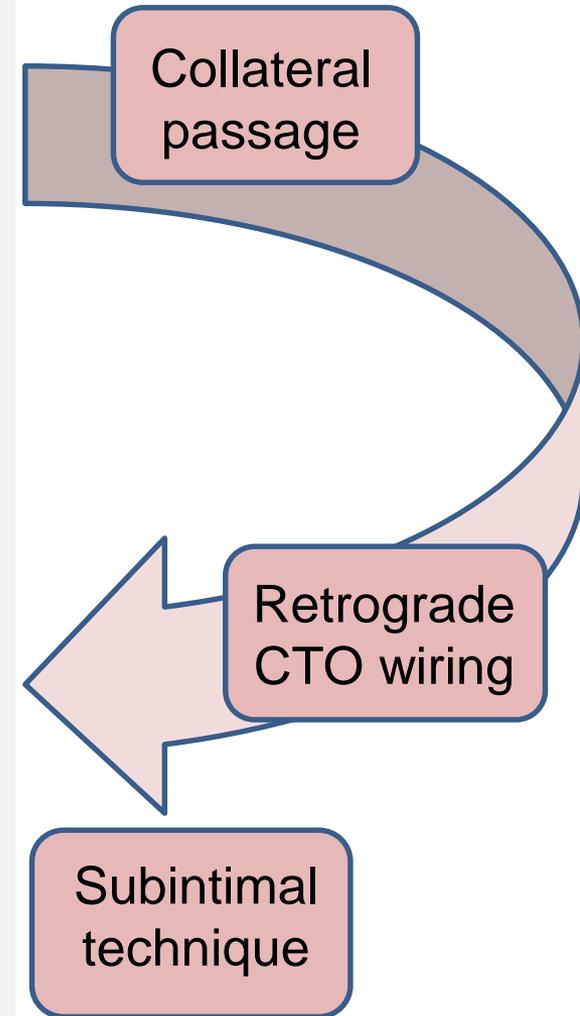
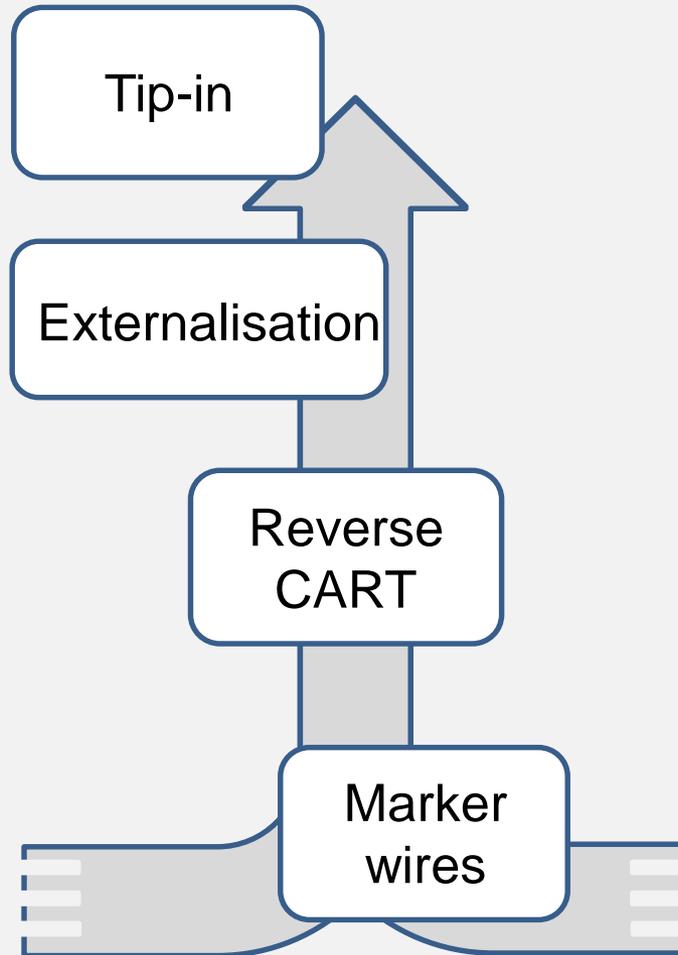
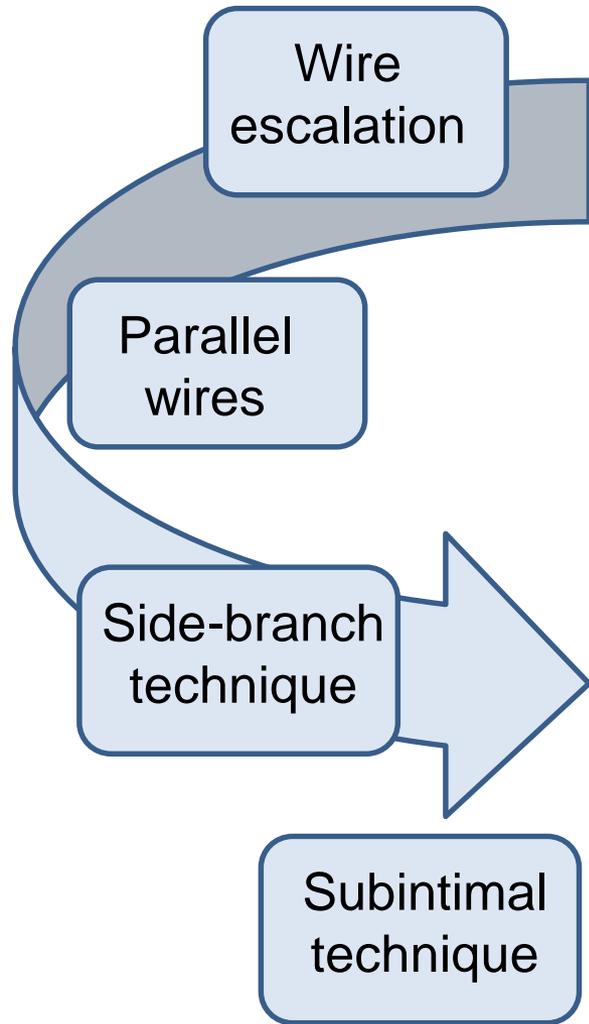


- ✓ Is it a CTO ?
- ✓ Proximal and distal ambiguity ?
- ✓ Lesion length ?
- ✓ Vessel course, Island ?
- ✓ Lesion calcification and tortuosity ?
- ✓ Distal run off ?
- ✓ Collaterals ?

Antegrade

Connection

Retrograde



Procedural Chronic To Percutanec A Report From th

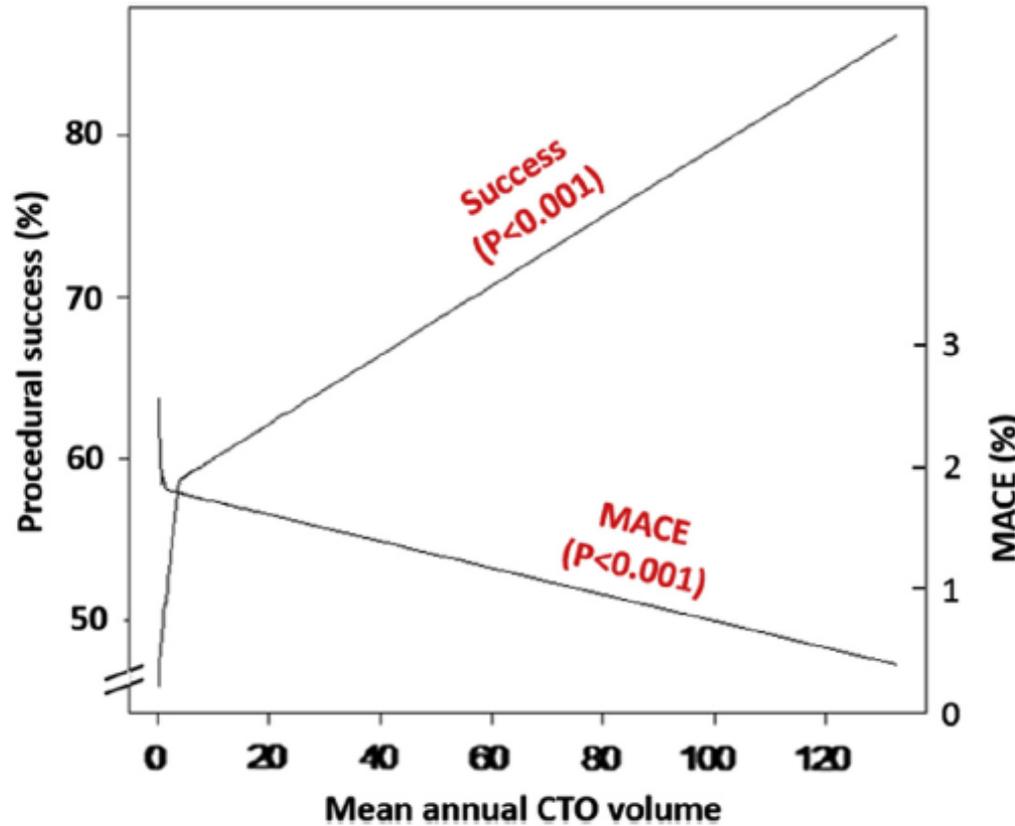
WHEN YOU ARE READY?

- Selection
- Material
- Technique
- Experience

Increase succes

number of pts/y.

FIGURE 4 Operator CTO PCI Volume Association With Procedural Success and Complications



Procedural success and major adverse cardiac event (MACE) rates as a function of annual operator chronic total occlusion percutaneous coronary (CTO PCI) volume.

TABLE 3 Pr	
Outcome	
Procedural su	
MACE	
Values are n (%)	
Abbreviations	

CI Volume	p Value
	<0.001
	0.050

Conclusions

WHEN YOU ARE READY?

- Selection
- Material
- Technique
- Experience

- ✓ Successful PCI of CTO's improves **symptoms, ischemia, and left ventricular function,**
- ✓ Reduces need for **CABG** and may improve **survival.**
- ✓ The net **benefit** is strongly related to the **amount of myocardial ischemia.**
- ✓ **The balance between benefit** (amount of ischemia) **and risk** should always be assessed before taking the decision.
- ✓ **Experience and learning** are very important